

## Handcuffing Techniques

### Step#1

Handcuffs should be “loaded” in the cuff case with both keyholes facing out and the movable part of the handcuff facing toward the violator.

The non-gun hand should be holding the handcuffs. The Explorer should grab the violator’s right hand and cuff with the Explorers left hand.



### Step #2

The Explorer should turn the violators wrist so that the palm of the violators hand is facing away from the violators body. The handcuffs should be pushed on in one quick motion.

Explorers can use the left hand index finger to protect the violator from pain or bruising when pushing the handcuff on.



### Step #3

Using your index finger on the left hand, close and tighten the handcuff. Always retain control of the violator’s right hand with your right hand. Should the violator start to resist, the Explorer will be in perfect position to move into an arm bar.



#### ***Step #4***

Switching hands, repeat the process on the violator's left hand. The handcuffs will always be in proper position with the key holes up on the left hand if the right hand was cuffed properly.

Fast and proper handcuffing will not allow time for the violator to become angry and start to resist.



#### ***Step #5***

When finished both handcuffs should have the keyholes up. The violator's palms should be facing away from her body.



#### ***Step #6***

Double lock the handcuffs. This will prevent the cuffs from tightening when the violator sits down in the patrol car.

Hold the violator's hand in a secure manner when double locking the handcuffs. Remember, the violator may resist at anytime and you should always be prepared to react.



# Felony Arrest / Takedown of Suspect

## Step #1

Command suspect to get her hands up and get down on her knees. Explorers should have already determined whom the arrest officer and who the cover officer should be before a scenario begins.



## Step #2

Command the suspect to get down on her belly and put her arms out to the side with palms up.

Command the suspect to cross her right leg over her left (if the arrest is going to take place on the right side).



## Step #3

Arresting Explorer should move in and take the suspects right arm and do an arm bar. Kneel down over the suspect with her arm between your legs. DO NOT lean on the suspect with your knees. The suspect will not be able to breath if you do. Only lean on the suspect if the suspect resists. The arm bar should eliminate any resistance.



### ***Step #4***

Hand cuff the suspect, but do not let go of the arm bar position. If the suspect uncrosses her legs and the arresting officer does not see it, the cover officer should alert the arresting officer.

Order the suspect into compliance. Use the arm bar for pain compliance if needed.

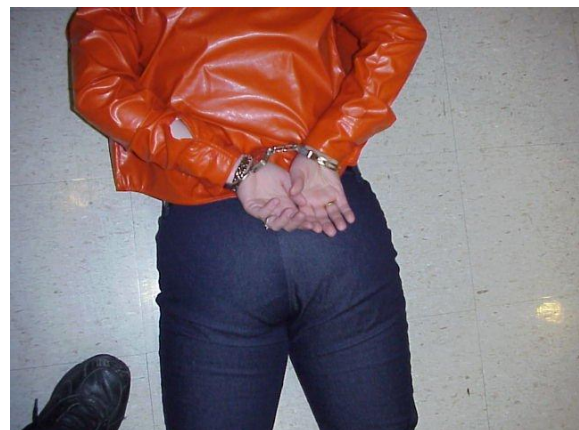


### ***Step #5***

Command the suspect to bring the other arm back. Maintain the original arm bar so the suspect will not resist, then handcuff the suspect.



When finished cuffing, the hand position and cuff position should be in the same position as a normal misdemeanor.



## Pat down Search Techniques

Command the suspect to place her hands on her head and interlock her fingers.

Always pat down from behind. Use your position to your advantage. A lot of suspects attempt to flee at this point in a pat down.

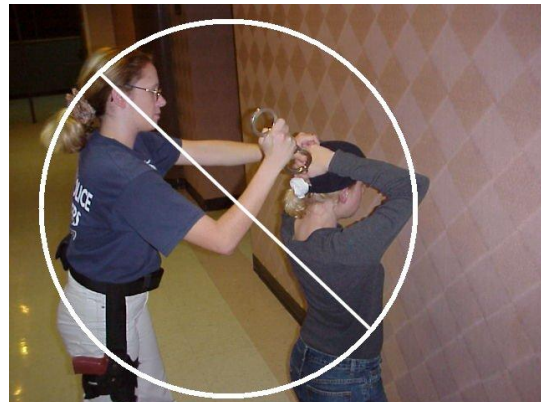


The searching Explorer should grab the suspect's hands with one hand using the friction between the suspect's fingers to lock the hands in position. Once this is done, the searching Explorer can search that side of the suspect's body with the free hand. The Explorer changes hands and does the other side.

If contraband is found, secure it in your pocket or pass it to the cover officer. Don't let go of the suspect while doing this!



Remember to handcuff properly. Do not try to cuff while the suspect has her hands on top of her head.



Position the suspect so that you have the advantage. Often, in close situations like this, the cover officer will be holstered and prepared to lay hands on the suspect as well.



Remember,  
Just because you saw it on T.V. does not make  
it right!



If needed, have the suspect get down on her knees to do the search. Never over reach and loose you balance or command position.



## Another Felony Arrest Technique

### ***Step #1***

Giving the same commands to the suspect as the previous felony arrests, order the suspect to raise her leg. The arresting Explorer then advances and places the leg on her thigh securing it. The suspect will not be able to kick the Explorer off if done properly.

This technique is best used with alone and the scene is not secure. The Explorer can still draw a gun from this position while maintaining control over the suspect.



### ***Step #2***

Cuff the suspect just as you would with misdemeanor handcuffing techniques.



### ***Step #3***

Always maintain pressure on the suspects leg. Command the suspect to bring the other arm back. Do not over reach and lose your balance.



***Step #4***

Secure the handcuffs and double lock them.



**Search Your Arrestee**

If arrested on the ground, search on the ground. This is not a pat down. Do a complete and thorough search of the arrestee. Even search the arrestee's shoes. If possible, have a girl search girls and boys search boys. Do not fail to search because of gender differences.

